

THE HOUSE OF QUARANTINE

An exclusive
colouring book
to keep you
occupied during
quarantine!
by Emily D'Silva

These are strange and unsettling times for everyone across the world. I wanted to create something to bring a bit of joy to people's lives, as well as give you something to do if you're feeling bored and at a loss of what to do at home.

Therefore, I have designed an exclusive quarantine colouring book, drawing inspiration from the home, celebrating the simple pleasures that bring us comfort.

Colouring is said to have many therapeutic benefits, such as the ability to reduce stress and anxiety levels. It encourages the mind to slow down and sustain focus, thereby embracing a meditative sense of tranquility, which is so important to achieve during troubled times.

Simply print the book off and enjoy it at home, whether on your own, with friends and family or your children.

I would love to see your colourful masterpieces, so please feel free to share them on your social feeds tagging me @_emilydsilva!

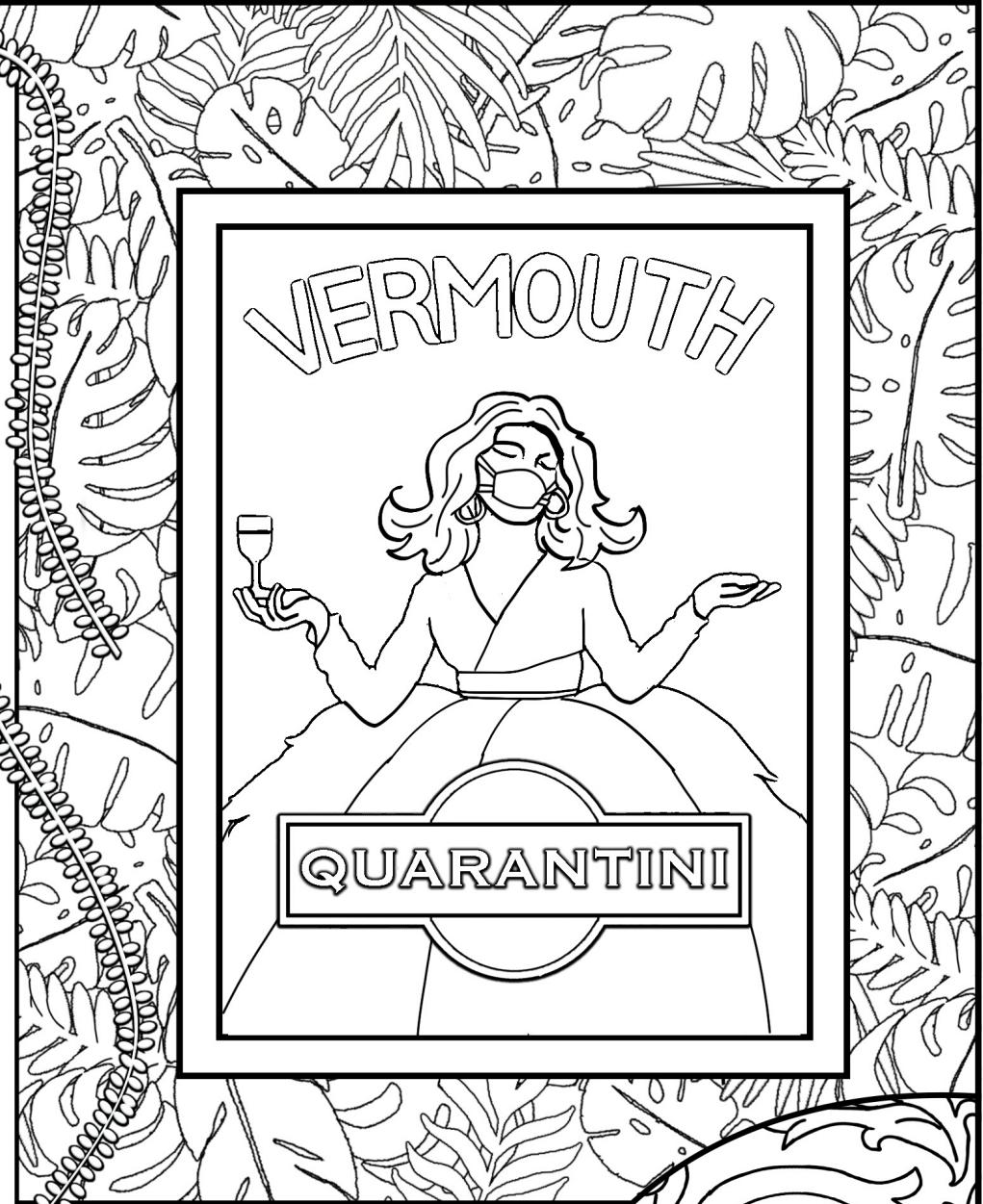
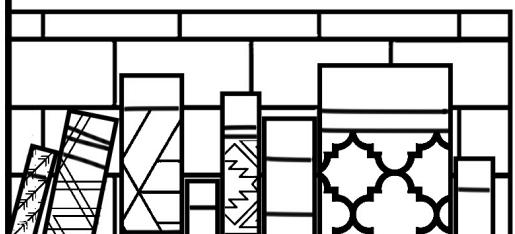
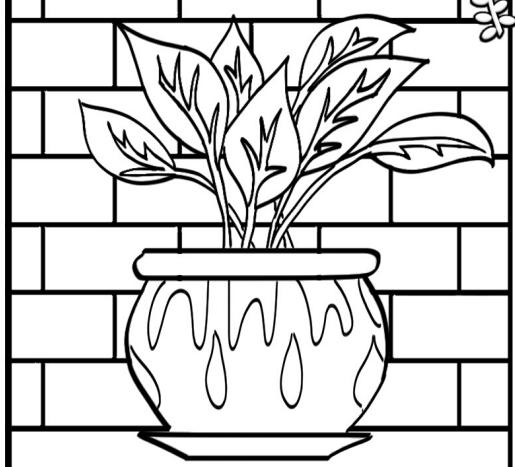
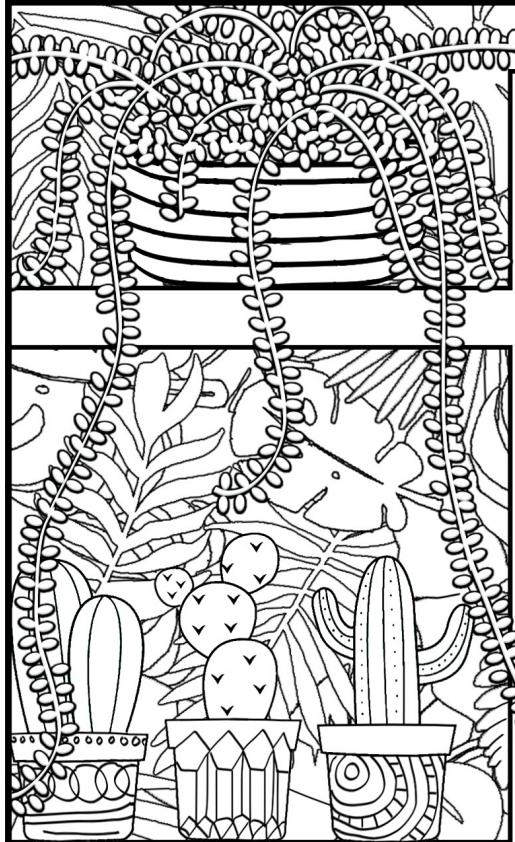
Stay strong, stay safe, stay home.

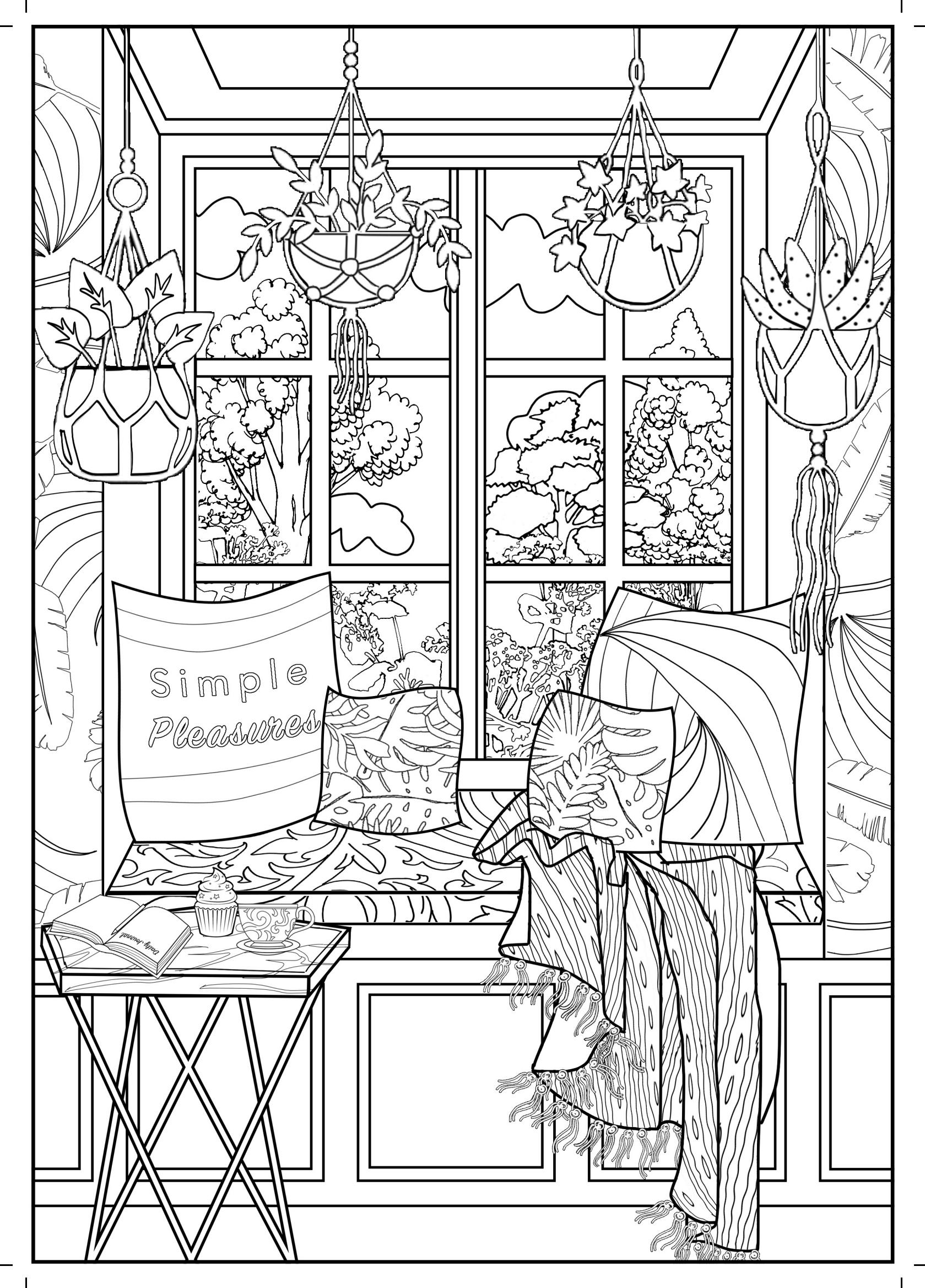
A handwritten signature in black ink that reads "Emily" with a small "x" at the end.

Staying in

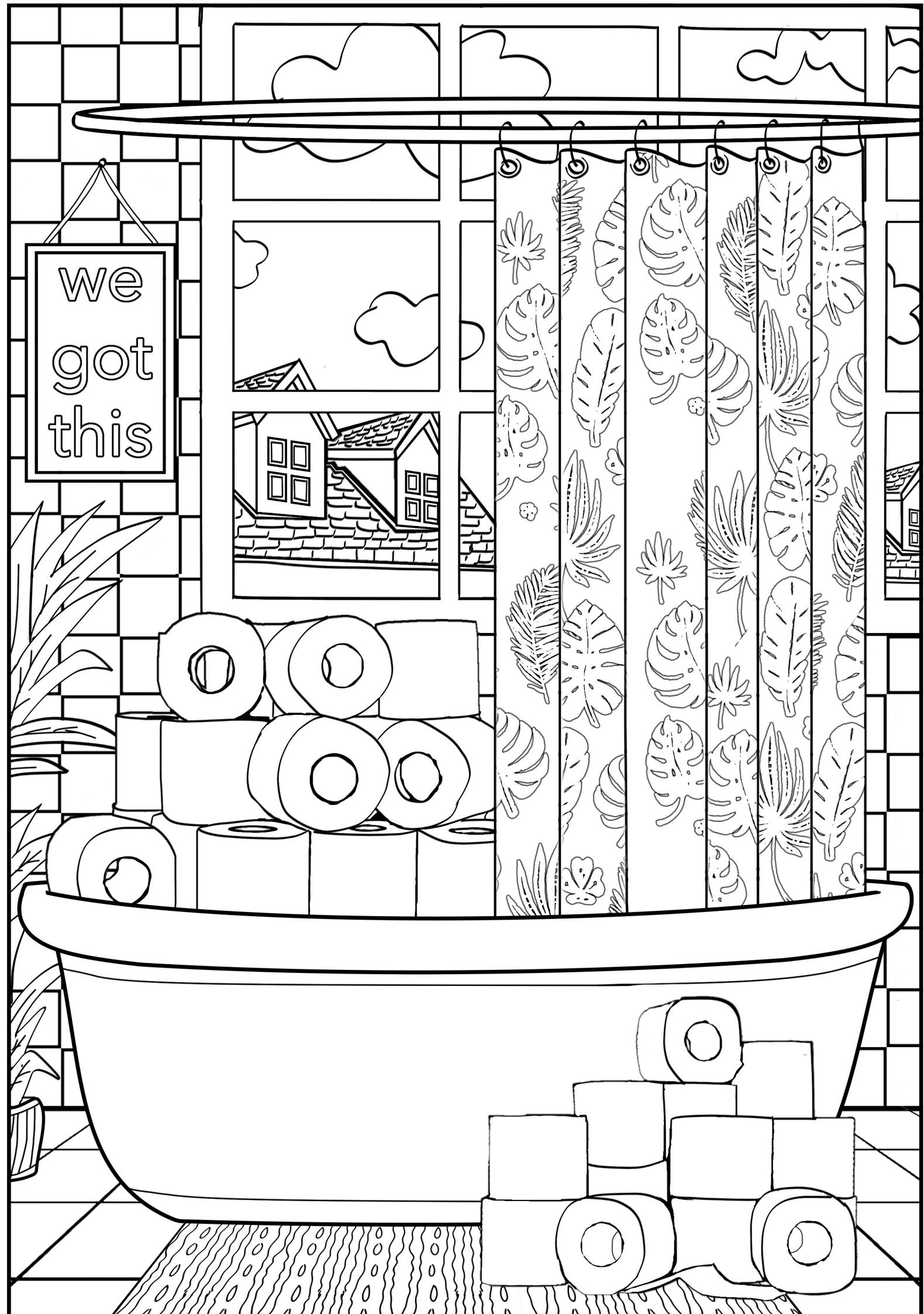
is...

THE
NEW
GOING
OUT!

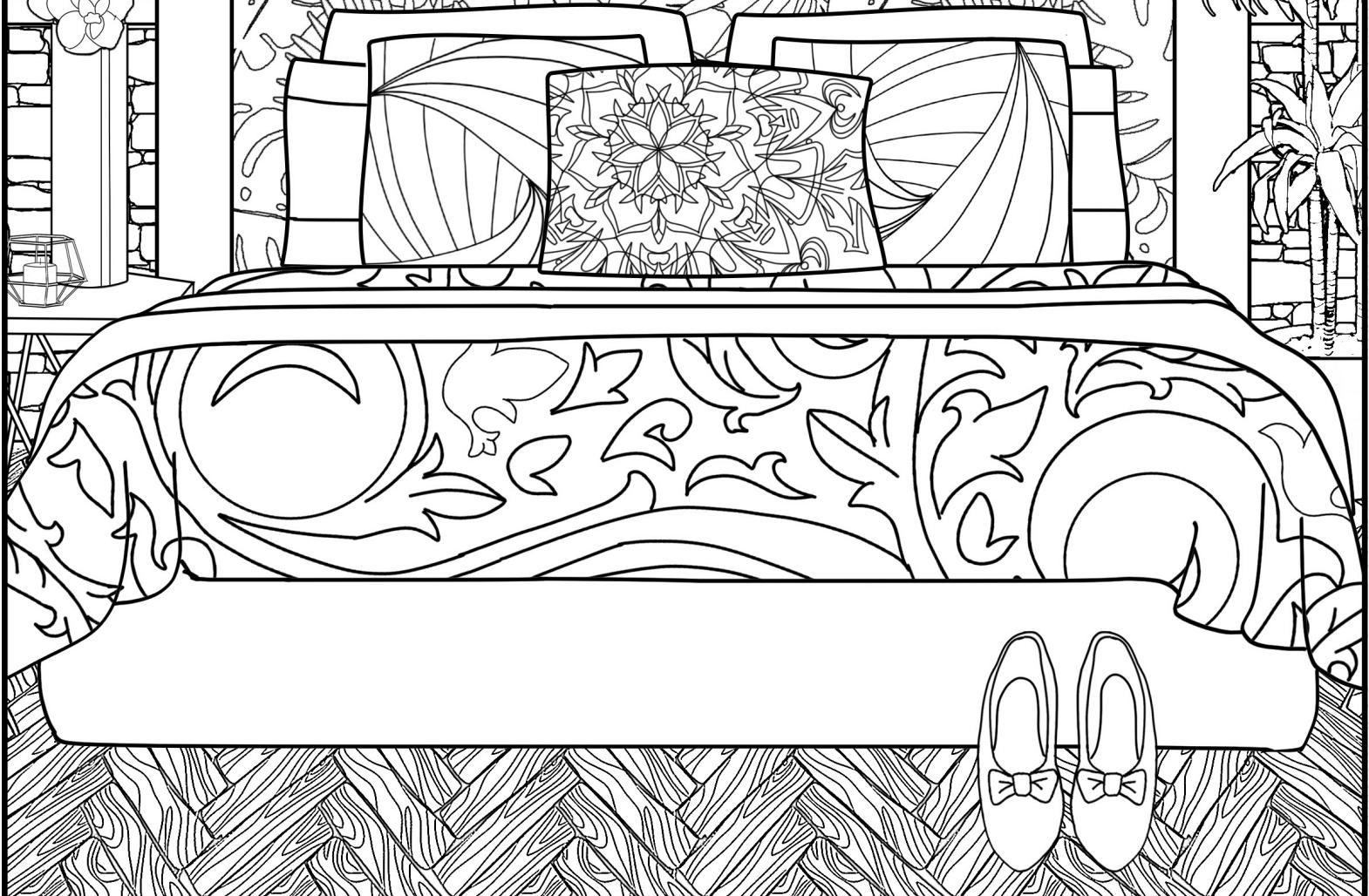
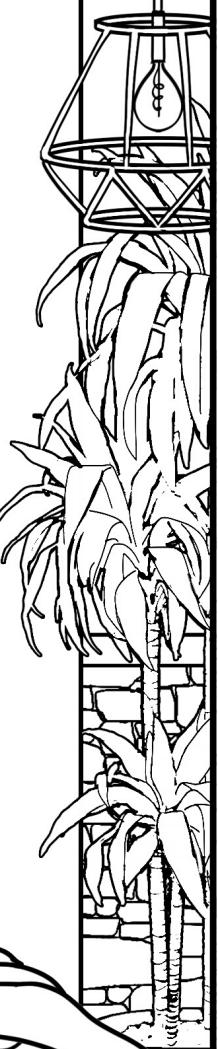
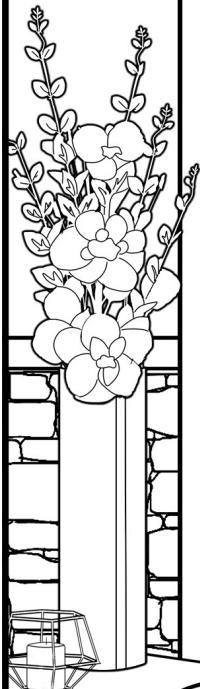


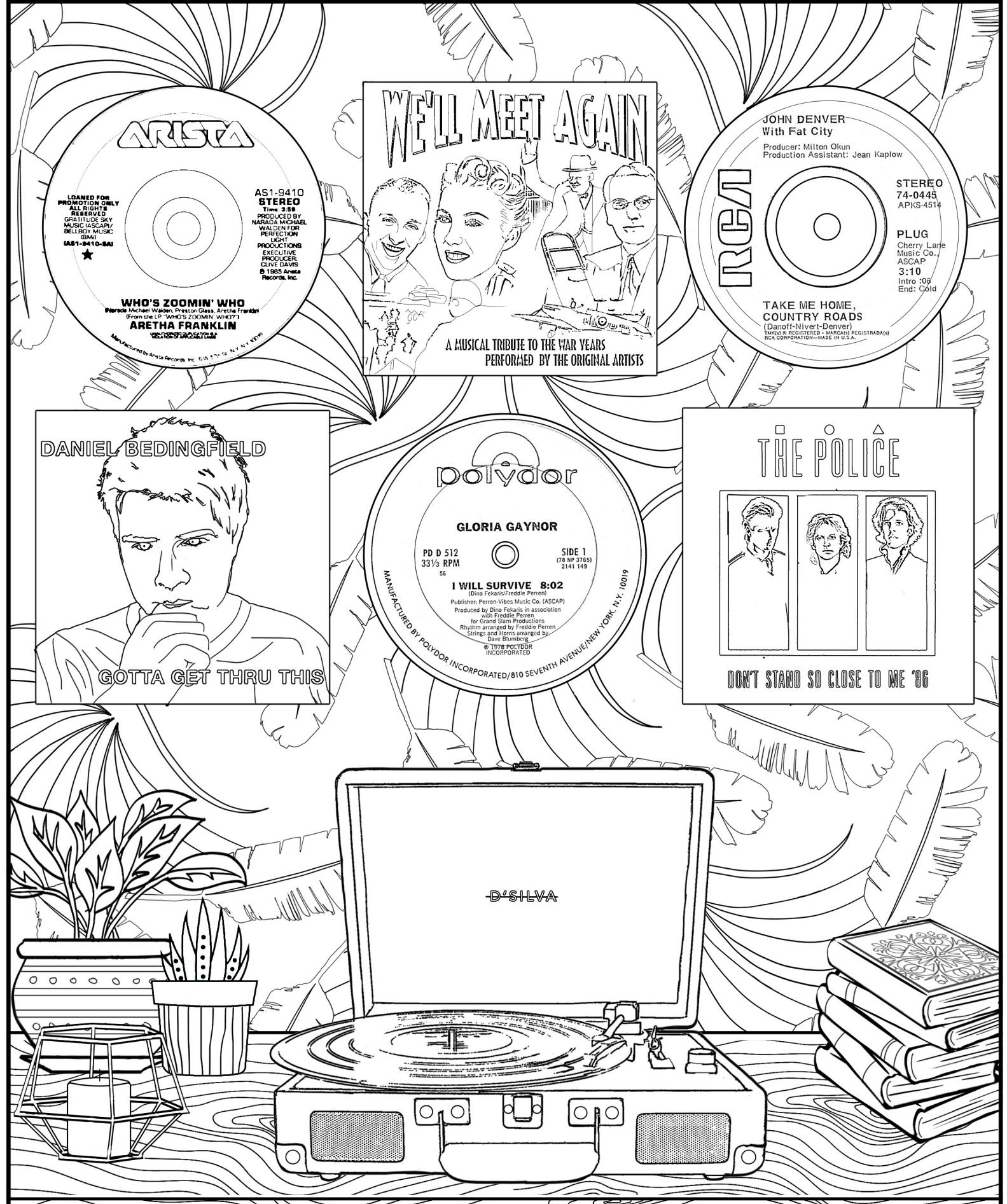


Simple
Pleasures



There's
no place
like home





ARISTA

LOANED FOR
PROMOTION ONLY
ALL RIGHTS
MADE RESERVED
GRATITUDE SKY
MUSIC (ASCAP)/
BELLAMY MUSIC
GMI
(AS1-8410-BAU)

WHO'S ZOOMIN' WHO
(Michael W. Smith, Preston Glass, Aretha Franklin
(From the LP "WHO'S ZOOMIN' WHO?")
ARETHA FRANKLIN

AS1-8410
STEREO
Time: 3:58
Produced by
Natalie MacNeil
Walden for
PERFECTION
ART
PRODUCTIONS
Executive
Producer:
CLIVE DAVIS
© 1985 Arista
Records, Inc.

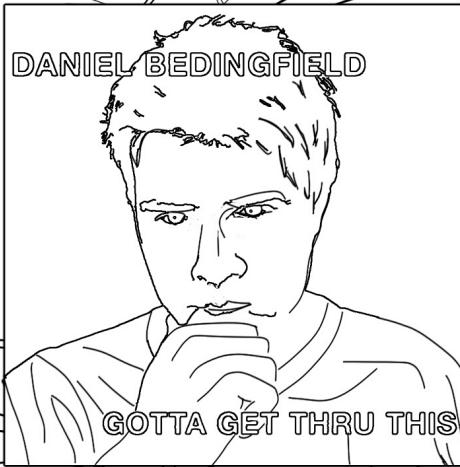


JOHN DENVER
With Fat City
Producer: Milton Okun
Production Assistant: Jean Kaplow

STEREO
74-0445
APKS-4514

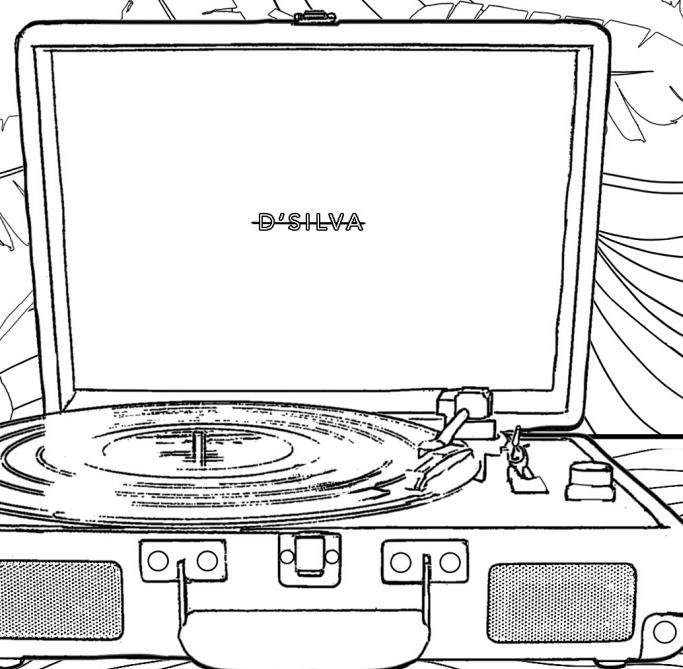
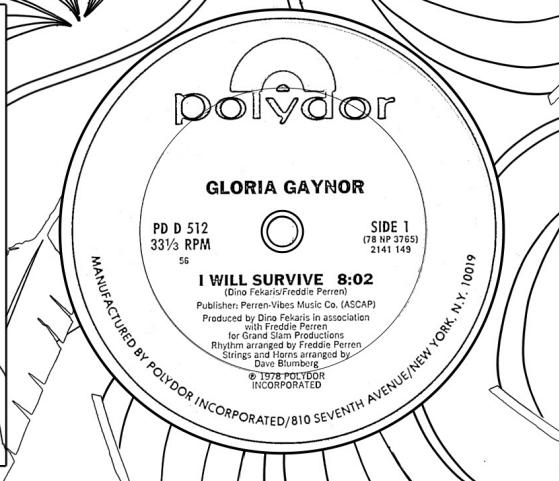
PLUG
Cherry Lane
Music Co.,
ASCAP
3:10
Intro: 09
End: Cold

TAKE ME HOME,
COUNTRY ROADS
(Danoff-Nivert-Denver)
TM&© REGISTERED - MARCA(S) REGISTRADA(S)
RCA CORPORATION - MADE IN U.S.A.



DANIEL BEDINGFIELD

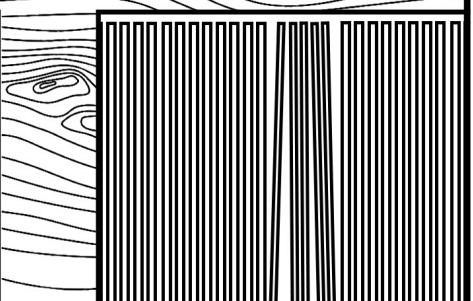
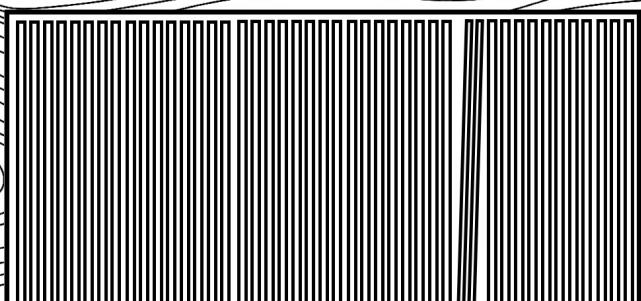
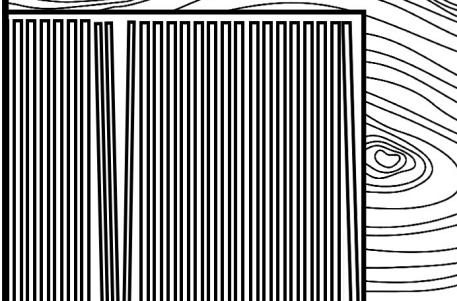
GOTTA GET THRU THIS

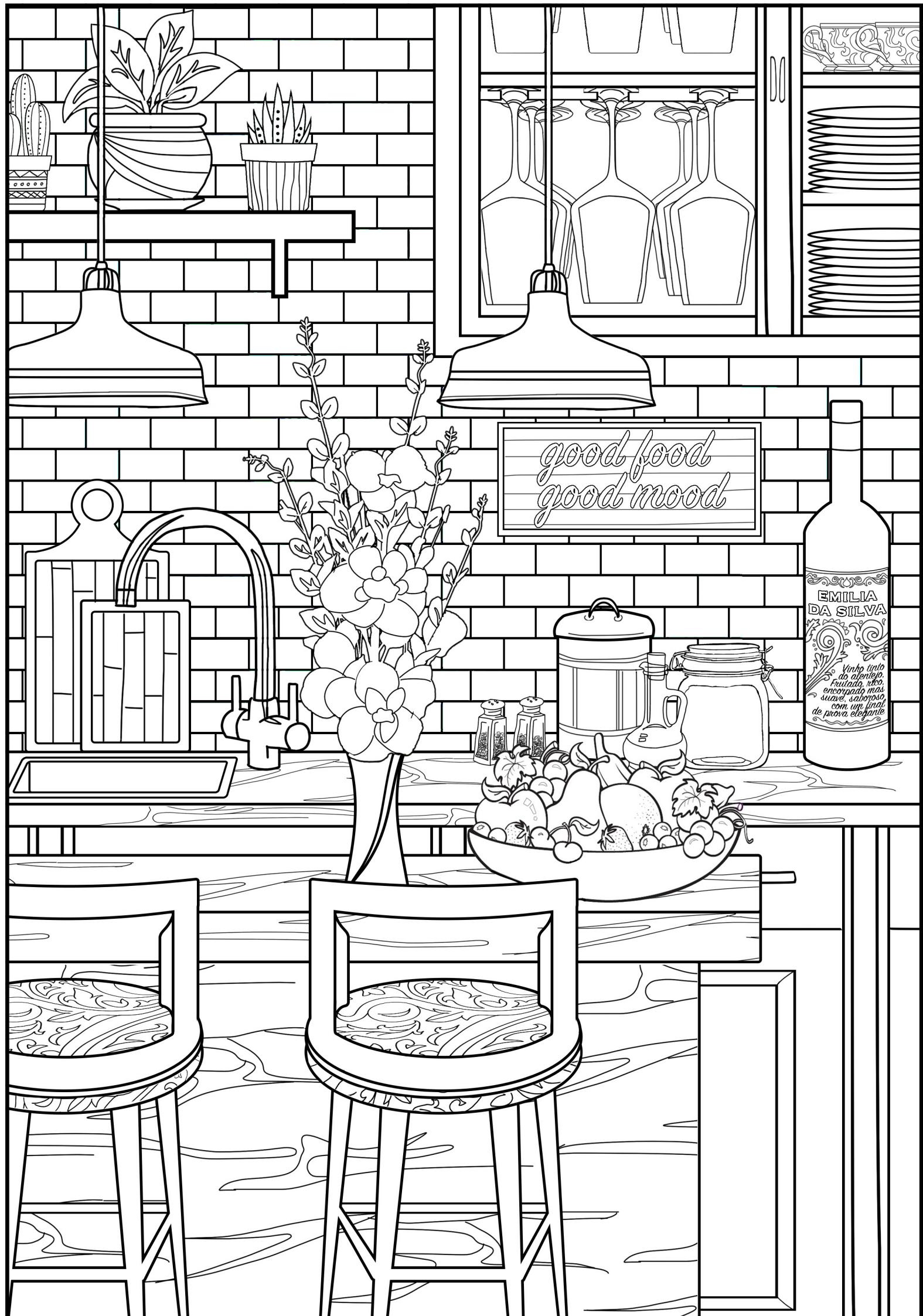


THE POLICE



DON'T STAND SO CLOSE TO ME '86

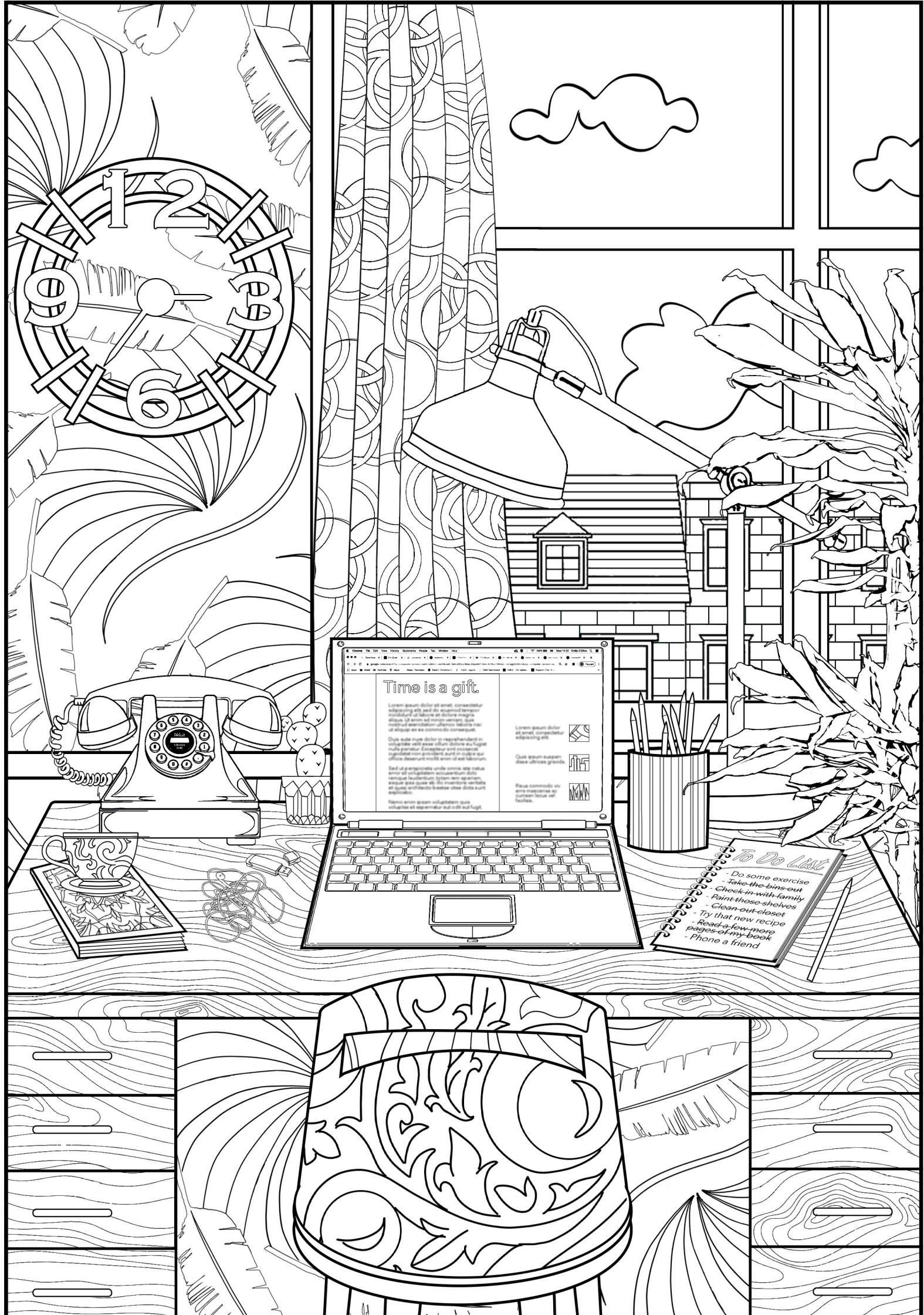






NETFLIX
& chill

La Dolce Vita
HOME ALONE
My Neighbour Totoro
Full House
The Pursuit of Happyness
THE BREAKFAST CLUB
The Intouchables





WE'RE IN
THIS TOGETHER